



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Family Pledge

Keeping kids safe around water requires a family commitment. Review the pledge on this card as a family and ask everyone to agree to follow the safety guidelines listed.

Safety Around Water



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Safety Around Water

Family Pledge

We pledge to be safe in and around water.

As a family, we agree to do the following:

- ✓ Always make sure an adult actively watches children around water.
- ✓ Make sure an adult stays within arm's reach of young children in the water.
- ✓ Swim near a lifeguard.
- ✓ Reach or throw, not go, to help a swimmer in trouble.
- ✓ Consider enrolling children in swim lessons to help them stay safe around water.

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Water Watcher

Children should only swim under adult supervision. Use this card to understand your role in keeping kids safe when you are responsible for supervising them in the water.

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Safety Around Water

Water Watcher

I have a responsibility to keep kids safe in and around water.

I agree to do the following:

- ✓ Actively watch children who are in or around water.
- ✓ Keep my eyes on the water.
- ✓ Avoid distractions like talking on the phone, socializing, or reading while watching children.
- ✓ Keep a phone near water for emergencies.
- ✓ Remain by the water until relieved by a new Water Watcher.

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