



FAMILY PROGRAMS JULY CALENDAR



These programs are available for drop-in!

Family Fitness Classes

Mondays 6:00 - 6:45 PM - Boot Camp
Spend time together while getting in a workout! These classes are for children over age 5 and their families.

Family Nights

July 13, 5:30 - 7:30 PM
July 25, 5:00 - 7:00 PM at Camp Double Eagle
Whether it's games in the gym, a movie, or a special guest, we hope your family will enjoy the Y together and with other families!

Toddler Gym Time with Parents

Tuesdays 11:00 AM - 12:30 PM & Wednesdays 10:15 - 11:45 AM
Enjoy some open gym time WITH your child! We'll be on Court 2 with kids equipment, playing silly music and ensuring that your little ones have a good time and burn some energy. Activities will be geared towards kids 5 and younger; however, all kids are welcome to join.

Y Club

Tuesdays & Thursdays from 5:30 - 7:30 PM
Y CLUB is a mix of fitness activities, games, outside challenges, STEM activities and more for 8-12 year olds. Fun, interactive activities will be different each visit and led by our dynamic staff.

FLIP OVER YOUR CALENDER TO LEARN MORE ABOUT FAMILY GYM TIMES AND SPECIAL EVENTS AT THE Y!

**MUKWONAGO
YMCA**
245 E. Wolf Run
Mukwonago, WI 53149
262-363-7950
gwcymca.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 FAMILY BOOT CAMP	3 Y CLUB TODDLER GYM TIME	4 YMCA CLOSED HAPPY INDEPENDENCE DAY!	5 Y CLUB	6	7
8	9 FAMILY BOOT CAMP	10 Y CLUB: SWIM NIGHT TODDLER GYM TIME KINDERCAMP SESSION 2	11 TODDLER GYM TIME	12 Y CLUB KINDERCAMP SESSION 2	13 FAMILY NIGHT	14
15	16 FAMILY BOOT CAMP	17 Y CLUB TODDLER GYM TIME KINDERCAMP SESSION 2	18 TODDLER GYM TIME	19 Y CLUB KINDERCAMP SESSION 2	20	21 YOUTH SAFETY TRAININGS*
22 SPECIAL FRIENDS	23 FAMILY BOOT CAMP	24 Y CLUB: SWIM NIGHT TODDLER GYM TIME KINDERCAMP SESSION 2	25 FAMILY NIGHT TODDLER GYM TIME	26 Y CLUB KINDERCAMP SESSION 2	27 FAMILY CARNIVAL AT THE WEST SUBURBAN Y	28
29	30 FAMILY BOOT CAMP	31 Y CLUB TODDLER GYM TIME	WEST SUBURBAN Y FAMILY CARNIVAL FUNDRAISER JULY 27 The fun-filled event features inflatables, bounce houses, games, dunk tank, raffle, and dinner. Come down to the West Suburban Y to have fun all for a good cause! Ages 2 & up: \$8/person or \$25/Family of Four. Admission includes food, games, and activities. Register by calling 414-302-9622 or visit GWCYMCA.ORG			

*Fee-based.



Updated: 6/26/18



SPECIAL EVENTS



Home Alone - July 21; 10 AM - 12 PM

Ages 8-12. Learn how to be safe when home alone. Guardians join us for the last 30 minutes to develop a "Personal Family Booklet." Basic first aid included.

Price: \$16/Members, \$24 Program Participants

Stranger Danger - July 21; 8:45 AM - 9:45 AM

Ages 4-8. Children work on recognizing who a stranger is and what to do when a stranger makes you feel uncomfortable. Guardians join us for the last 15 minutes of the course.

Price: \$8/Members, \$12 Program Participants.

YMCA Babysitting Training - July 21; 8:30 AM - 2:30 PM

Ages 11 - 17. Learn how to interview for a babysitting job, practice leadership & communication skills, learn developmental stages of a child, and gain safety tips & basic first aid knowledge.

Price: \$50/Members, \$75/Program Participants.

Special Friends - July 22; 12:00 PM - 2:00 PM

All Ages. Join us for this event especially for our special needs families. In July we will be playing water games. This event is open to our community and offered in partnership with Brooklife Church.

Price: FREE!

GYM TIMES

FAMILY GYM TIME

Wednesday 6:30 - 8 PM

Friday 5:15 - 8 PM

Saturday 8 AM - 5 PM

Sunday 8 AM - 5 PM

**FALL SPORTS LEAGUES
START ON AUGUST 25!
SIGN UP TODAY!**

SWIM TIMES

FAMILY OPEN SWIM (ADVENTURE POOL)*

Monday - Friday 9 AM - 1 PM

Monday - Thursday 4 - 8 PM

Friday 4 - 7 PM

Saturday - Sunday 9 AM - 4 PM

*Additional times available in Rec Pool

FAMILY NIGHTS

We've got lots of fun in store for your family! Don't forget, these events are FREE for our household members!

FIREWORKS IN JULY | Friday, July 13; 5:30 - 7:30 PM

Join us for a Fourth of July themed Family Night. We will have lawn games, crafts, snacks, and tie-dyeing. Bring a shirt to tie-dye!

CAMP DOUBLE EAGLE FAMILY NIGHT | Wednesday, July 25; 5 - 7 PM

Take a break in the middle of the week for some real camp-style family fun! This free family night is open to members of Mukwonago Y and Waukesha Y. All the fun will be at Camp Double Eagle in Eagle, WI. There will be hot dogs, s'mores, family games, swimming, and more!

DIRECTIONS: Camp Double Eagle is on the west side of Hwy 67 in Eagle. The driveway is just north of Generac's driveway. (Google usually can't find us, but if you input Generac's address into your navigation, you'll be sure you find the right spot!)

KINDER CAMP

Does your little one want a taste of Summer Camp, but isn't quite ready for the all-day adventure?

Try Kinder Camp for ages 3 - 5!

Tuesdays & Thursdays

9:00 AM - 11:30 PM

Two Sessions left this Summer!

July 10 - 26 | July 31 - August 16

Price per Session:

\$75/Members, \$120/Program Participants



PLAY. BOUNCE. SLIDE.

FRIDAY, JULY 27

5:00 - 8:00 PM

West Suburban Y
Family Carnival

We'll have lots of bounce houses and inflatable obstacles courses and slides, plus games, fun and more for the whole family at the second annual West Suburban Y Family Carnival! Learn more about this annual fundraiser at gwcymca.org/carnival

ANNOUNCEMENTS

SUMMER IS HERE! Our Summer Session is going on now! There is still time to sign up for awesome programs and fill your summer with fun. We have swim lessons and sports classes than run only in the second half of summer. Call or visit the business desk to register, or you can sign up online!

WE LOVE SUMMER DAY CAMP! We offer full-week and partial week camps all summer! For more information, visit GWCYMCA.ORG/SUMMER-DAY-CAMP. We also offer Kinder Camps for preschoolers! Sign up today!

GET READY FOR NEXT SCHOOL YEAR! The school year will be here before you know it! YMCA Preschool, Extended Care, and Before & After School Care is the place for kids! Register now and be ready for next school year today!

WE'RE HIRING! We're looking for awesome people to join our staff! All staff members get a free Y membership! Visit GWCYMCA.ORG/CAREERS today!

LOOKING FOR MORE INFO? WE'RE HERE TO HELP!

GO TO GWCYMCA.ORG • CALL 262-363-7950 • VISIT THE BUSINESS SERVICE DESK AT THE MUKWONAGO Y!