



YOUTH ACTIVITIES West Suburban Y

FALL 2 SESSION | October 29 - December 23, 2018



CATEGORY	CLASS NAME	AGES	FEES M/PP	CLASS LENGTH	MON	TUES	WED	THURS	FRI	SAT	SUN
PRESCHOOL DANCE & GYMNASTICS	Tiny Rollers (Beginner)	2 - 3	\$40/\$60	30 min			9:30 AM				
	Pre Ballet	3 - 5	\$50/\$73	45 min	5:00 PM						
	Hip Kids	3 - 5	\$50/\$73	45 min						9:45 AM	
	Preschool Gymnastics	3 - 5	\$50/\$73	45 min				5:00 PM*		11:45 AM	
	Toddler Twirl w/ Parent	1 - 3	\$40/\$60	30 min						9:00 AM	
SCHOOL AGE DANCE & GYMNASTICS	Beginning Ballet	5 - 8	\$50/\$73	45 min	6:00 PM						
	Gymnastics 1	6 - 12	\$44/\$64	45 min				6:00 PM			
	Gymnastics 2	6 - 12	\$50/\$73	45 min						12:45 PM	
	Jazz/Pom Combo	6 - 9	\$50/\$73	45 min						10:45 AM	
PARENT & CHILD ENRICHMENT	Stay & Play	Small Child & Parent	Free Members Only	60 min	10:00 PM						
PRESCHOOL ENRICHMENT	Kindergym	2 - 4	\$22/\$42	30 min				11:00 AM			

CLASSES MEET ONCE A WEEK FOR 8 WEEKS | M: Members PP: Program Participants Updated: 6/28/18

SPECIAL EVENTS & PERIODIC OFFERING	CLASS NAME	AGES	FEES M/PP	TIME	DATES
FAMILY NIGHT	Movie Night	All	Free Members Only	6:00 - 8:00 PM	Friday, November 2 Friday, December 14
SCHOOL'S OUT FUN DAY	School's Out Fun Day	4 - 12	\$32/\$40	7:00 AM - 6:00 PM	Tuesday, November 6 Wednesday, November 21 Friday, November 23 Wednesday, December 26 Thursday, December 27 Friday, December 28
SPECIAL EVENTS	Supper with Santa	All	\$2/\$5 *Children under 2 are free!	5:00 - 8:00 PM	Friday, December 7
Y NIGHT	Parents' Night Out	6 weeks - 12 years	\$10/\$15	6:00 - 9:00 PM	Saturday, November 3
YOUTH SAFETY TRAININGS	Youth Night	9 - 14	\$5/\$8	7:30 - 10:00 PM	Saturday, December 15
	Babysitting Training	11 - 17	\$50/\$75	9:30 AM - 3:30 PM	Saturday, November 10
	Home Alone	8 - 12	\$16/\$24	6:00 - 8:00 PM	Wednesday, December 5
	Stranger Danger	4 - 8	\$8/\$12	4:30 - 5:30 PM	Thursday, November 8

FALL 2 REGISTRATION OPENS: Monday, October 1, 2018 for Members and Monday, October 8, 2018 for Program Participants

* The Y will be closed on Thursday, November 22 for Thanksgiving. All Thursday programs will be prorated. Program availability is subject to change based on enrollment. Please visit "Find a Program" on GWCYMCA.ORG for the most updated offerings or visit the Business Office.

WEST SUBURBAN YMCA 2420 N 124th Street, Wauwatosa, WI 53226 | REGISTRATION: Online at GWCYMCA.ORG or call 414-302-9622



GYMNASTICS, DANCE, ENRICHMENT DESCRIPTIONS

PRESCHOOL GYMNASTICS & DANCE

HIP KIDS

Hip hop and jazz in a light and fun class.

PRE BALLET

Introduction to ballet positions, barre, stretching, and center combination.

PRESCHOOL GYMNASTICS

Introduction to gymnastics and movement. Must be potty trained.

TINY ROLLERS

Introduction to gymnastics and movement. Must be potty trained.

TODDLER TWIRL W/ PARENT

A parent and child class that builds motor skills and excitement for ballet.

SCHOOL AGE GYMNASTICS & DANCE

BEGINNING BALLET

Curriculum of center combinations, as well as ballet positions of arms, legs, feet, and head.

GYMNASTICS 1

Little or no gymnastics experience is required. Athletes work on basic gymnastics skills.

GYMNASTICS 2

Skill requirements: backward roll, handstand, cartwheel, front support, casting.

JAZZ/POM COMBO

Come ready to shake your poms and learn a halftime style dance routine.

PARENT & CHILD ENRICHMENT

STAY & PLAY

Take a play break in the middle of the day. Join this drop-in play group to chat about parenting issues, relax with your child, and meet new friends.

PRESCHOOL ENRICHMENT

KINDERGYM

This is the perfect class for the young and wiggly! Your child will have a great time exploring the fun of fitness with other kids their own age. Activities and games help develop coordination, socialization, group play, and sharing. This is a great opportunity to foster independence and listening skills.

PERIODIC OFFERINGS

SUPPER WITH SANTA

Have you seen Santa yet to tell him what's on your Christmas list? If not, you still have time! Santa wants you and your family to join him for dinner, pictures with Santa, crafts, games, and more!

HOME ALONE

Learn how to be safe when home alone. Guardians join us for the last 30 minutes to develop a 'Personal Family Booklet'. Basic first aid included.

MOVIE NIGHT

Bring a pillow, blanket, and wear your pajamas to cozy up and watch a movie with the family. The Y will provide popcorn.

PARENTS' NIGHT OUT

Need a night out, but don't know what to do with your children? Let the Y help. A night of fun in our facility awaits your children while you are enjoying yourself - kid free! Children will participate in a variety of age appropriate activities. Dinner will be provided.

SCHOOL'S OUT FUN DAY

The Y offers safe, quality care for your child when their school is closed. Join us for fun games, sports, swimming, arts & crafts, and fun! Bring a lunch, two snacks, water bottle, swimsuit, and towel. Dress children appropriately as we may go outdoors. Various ages may be grouped separately. Register in advance to ensure availability.

STRANGER DANGER

Children work on recognizing who a stranger is and what to do when a stranger makes you feel uncomfortable. Guardians join us for the last 15 minutes of the course.

YMCA BABYSITTING TRAINING

Learn how to interview for a babysitting job, practice leadership & communication skills, learn developmental stages of a child & gain safety tips & basic first aid knowledge.

YOUTH NIGHT

Open gym, open swim, movies, games, and more. Come dressed for fun and don't forget your swim suit and towel. Register in advance through the Business Desk. No entry after 7:30 PM and no re-entry once you leave.