

# Y CHILDREN'S ACADEMY



The Y Children's Academy is a child care center dedicated to offering a nurturing environment for children while creating opportunities for children to reach their full learning and developmental potential.

- Full-Day Child Care
- Ages 6 Weeks to 6 Years Old
- Licensed Facility through the State of Wisconsin
- Stimulating Environment
- Comprehensive Care
- Staff-to-Child Ratios Ensures Proper Supervision
- CPR Certified Staff with a Degree in Early Learning Development

## YOUR IMPACT

- \$1,000** Allows 10 kids to attend full-day child care for a week at the Y's Children's Academy.
- \$500** Allows 5 kids to enjoy a full-day child care weeklong experience to learn, play, and grow.

# BEFORE & AFTER SCHOOL PROGRAMS



The Y's Before & After School programs provide academic support and enrichment activities to help children improve their academic performance.

- Serves 18 Elementary Schools
- Homework Assistance and Tutoring
- Before/After-School Supervision
- Character Development
- Healthy Snacks
- Physical Activities, Sports, and Enrichment Activities

## YOUR IMPACT

\$1,000	Allows 1 child 5 weeks of Before & After School Care.
\$500	Allows 1 child 1 month of After School Care.
\$250	Allows 1 child 1 month of Before School Care.

# SUMMER DAY CAMP



Summer Day Camp goes beyond simple care for kids. We focus on fostering their growth in a secure environment where they can acquire essential skills, cultivate self-reliance, and discover a more profound sense of purpose.

- Safe Place for Children
- Engaging Activities to Prevent Summer Learning Loss
- Peace of Mind for Parents
- Interactive STEAM Activities
- Outdoor Exploration and Adventures
- Builds Self-Reliance

## YOUR IMPACT

\$1,000	Allows 5 kids to attend a full week of camp.
\$500	Supplies 5 kids 3 weeks of camp swim lessons.
\$250	Allows 6 kids to go on 3 educational summer field trips.

.....

**YMCA OF GREATER WAUKESHA COUNTY**

[GWCYMCA.ORG](http://GWCYMCA.ORG)



# HEALTHY LIVING



Well-being and fitness at the Y go beyond just working out – we supply educational programs to promote healthy lifestyles and offer a variety of programs that support physical, intellectual, and spiritual strength.

- **LIVESTRONG®** at the YMCA: For Cancer Survivors to Reclaim Their Health
- Nutrition Coaching & Cooking Demonstrations
- Diabetes Prevention Program
- Blood Pressure Self-Monitoring Program
- Parkinson's Program
- Cardiac Rehab Maintenance Program
- Moving for Better Balance

## YOUR IMPACT

\$2,000	Helps 12 cancer survivors reclaim their health through the <b>LIVESTRONG</b> at the YMCA program.
\$1,000	Provides 6 individuals access to the Parkinson's Exercise Program.
\$500	Supplies 14 weeks of Nutrition Coaching.

# SWIM LESSONS & WATER SAFETY PROGRAMS



Teaching children how to be safe around water is not a luxury; it is a necessity. Swim lessons & formal water safety programs supply fundamental water safety skills for kids so they know what to do if they find themselves in the water unexpectedly.

- Wide Selection of Lessons From Parent & Child to Adult
- Swim Readiness, Basics, and Strokes
- Water Acclimation, Movement, and Stamina
- Stroke Development and Mechanics
- Safety Around Water (SAW) Drowning Prevention Program
- Teaches Children Water Should Be Fun When You're Safe

## YOUR IMPACT

- \$500 Allows 13 children swim lessons that build strong and confident swimmers.
- \$250 Allows 10 children to complete Safety Around Water (SAW).
- \$100 Supplies 4 school-age children swim lessons that will teach them life-saving skills.

# HEALTH & WELLNESS



The Y offers a range of programs and services aimed at encouraging healthy lifestyles and fostering physical, intellectual, and spiritual strength. These diverse programs cater to the holistic development of individuals, ensuring they lead fulfilling lives.

- 5 State-of-the-Art Accessible Facilities
- 1 Full-Service Wellness Center
- The Latest Cardio and Strength Training Equipment
- Group Exercise Studios
- Functional Training
- Personal Training and InBody Testing
- Indoor Walking/Running Track
- YMCA 360 - Live Stream Online Classes

# A PLACE FOR ALL



As a non-profit organization, the YMCA of Greater Waukesha County holds a core principle that no one's turned away due to their financial circumstances. We supply equal access to all six of our facilities and life-changing programs for all community members, regardless of their inability to pay.

By offering financial assistance, the YMCA ensures that individuals from diverse backgrounds and economic situations can fully benefit from our wide range of programs and services.

Thanks to the generosity of our donors, 100% of donated dollars through our Annual Support Campaign goes towards providing essential financial assistance to families in need. This support allows us to subsidize expenses for those who need it the most, making a meaningful difference in their lives.

Dedication to inclusivity and accessibility fosters a cohesive and vibrant community where individuals from all walks of life can unite, interact, and thrive through the valuable offerings provided by the Y.

## THE Y'S MISSION

To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.