



FOREVERWELL® CALENDAR

JULY 2026



Flip over this calendar to learn more about programs and events happening at the Y this month.

SPECIAL EVENTS

Register at the business desk

July-9 FOREVERWELL® Orientation
10:00am-11:00am
July-10 Ice Cream Social
12:30pm-1:30pm
July-17 Cardio Drumming
12:45pm-1:45pm
July-24 Birthday Celebration
12:30pm-1:30pm
July-31 31 on 31st
12:30pm-1:30pm

Aug-11 Brunch 9:30-10:30am
Aug-14 Outdoor Picnic
12:30-2:00pm
Aug-12 FOREVERWELL® Orientation
9:00am-10:00am
Aug-21 Trivia 12:30-2:00pm
Aug-28 Birthday Celebration
12:30-1:30pm
Aug-28 Cardio Drumming
12:45-1:45pm

NEW BERLIN YMCA

36 10 Michelle Witmer
Memorial Drive
New Berlin, WI 53151
262-330-5190
gwcymca.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	VISIT OUR WEBSITE FOR EVEN MORE WAYS TO HAVE FUN AT THE Y!		1 Wii Sports 12:30pm-1:30pm	2 Cribbage 12:30pm-2:00pm	3 5 Crowns 11:00am-12:30pm	4 CLOSED Independence Day
5	6 Sheepshead 12:30pm-2:30pm Indoor Cornhole 1:00pm-2:00pm	7 Mahjong 12:30pm-2:00pm	8 Wii Sports 12:30pm-1:30pm	9 Cribbage 12:30pm-2:00pm FOREVERWELL® Orientation 10:00am-11:00am Register Online	10 5 Crowns 11:00am-12:30pm SPECIAL EVENT 12:30pm-1:30pm	11
12	13 Indoor Cornhole 1:00pm-2:00pm	14 Mahjong 12:30pm-2:00pm	15 Wii Sports 12:30pm-1:30pm	16 Cribbage 12:30pm-2:00pm	17 5 Crowns 11:00am-12:30pm SPECIAL EVENT 12:45pm-1:45pm	18
19	20 Sheepshead 12:30pm-2:30pm Indoor Cornhole 1:00pm-2:00pm	21 Mahjong 12:30pm-2:00pm	22 Wii Sports 12:30pm-1:30pm	23 Cribbage 12:30pm-2:00pm	24 5 Crowns 11:00am-12:30pm SPECIAL EVENT 12:30pm-1:30pm	25
26	27 Indoor Cornhole 1:00pm-2:00pm	28 Mahjong 12:30pm-2:00pm	29 Wii Sports 12:30pm-1:30pm	30 Cribbage 12:30pm-2:00pm	31 5 Crowns 11:00am-12:30pm SPECIAL EVENT 12:30pm-1:30pm	

LOOKING FOR MORE INFO? WE'RE HERE TO HELP!
GO TO GWCYMCA.ORG • CALL 262-330-5190 • VISIT THE BUSINESS SERVICE DESK AT THE NEW BERLIN Y!

FRIENDS, FUN, FESTIVITIES

FOREVERWELL® SOCIALS | NEW BERLIN YMCA



ICE CREAM SOCIAL

 FRI, JULY 10 | 12:30 PM - 1:30 PM

Join us for a sweet and relaxing gathering filled with delicious ice cream and great company. Come connect, unwind, and enjoy a fun community atmosphere!
Sponsored by Humana. **LOCATION: LOUNGE**

CARDIO DRUMMING

 FRI, JULY 17 | 12:45PM - 1:45 PM

Cardio drumming takes a simple movement, drumming, and turns it into a full-body workout. Using an exercise ball, drumsticks, and the floor, cardio drumming turns keeping a rhythm into a workout you won't want to stop. **LOCATION: GROUPEX STUDIO**



BIRTHDAY CELEBRATION

 FRI, JULY 24 | 12:30 PM - 1:30 PM

Celebrate the month's birthdays with us! Enjoy treats, social time, and a chance to recognize and connect with fellow members in a fun, festive setting. **LOCATION: LOUNGE**

31 ON 31ST

 FRI, JULY 31 | 12:30 PM - 1:30 PM

Get ready for an afternoon of friendly competition playing the classic card game 31! Try your luck, sharpen your strategy, and see if you can hit 31 while having a great time with others. No experience necessary. **LOCATION: LOUNGE**



REGISTER ONLINE, OVER THE PHONE, OR AT THE BUSINESS DESK.

NEW BERLIN YMCA | 3610 Michelle Witmer Mem. Dr., New Berlin, WI | 262-330-5190 | GWCYMCA.ORG