



FOREVERWELL® CALENDAR

JULY 2026



Flip over this calendar to learn more about programs and events happening at the Y this month.

SPECIAL EVENTS

Register at the business desk

Foreverwell Orientation:
July 8 11-12 pm Lower Lobby

Wisconsin Day:
July 14th 10-11 am Lower Lobby

July Birthday:
28th 10—11 am Lower Lobby

Foreverwell Orientation:
Aug 19 11-12 pm Lower Lobby

Bump, Set, Spike:
Aug 11th 10 -11am Lower Lobby

Aug Birthday:
Aug 25 10 -11 am Lower Lobby

SOUTHWEST YMCA

11311 W. Howard Ave
Greenfield, WI 53228

414-546-9622
gwcymca.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	VISIT OUR WEBSITE FOR EVEN MORE WAYS TO HAVE FUN AT THE Y!		1 Sheepshead 10a -12p Lower Lobby	2 Bible Study 9-10 am Conference Room	3 No Sweat Club 9:30 - 11 am Conference Room	4
5	6 Game Series 11a -12p Lower Lobby	7 Pickleball 6-9:30 a m Lower Gym	8 Sheepshead 10a -12p Lower Lobby Foreverwell Orientation 11- 12 pm Lower Lobby	9 Bible Study 9-10 am Conference Room	10 No Sweat Club 9:30 - 11 am Conference Room	11
12	13 Game Series 11a -12p Lower Lobby	14 Pickleball 6-9:30 am Lower Gym Wisconsin Day 10—11 am Lower Lobby	15 Sheepshead 10a -12p Lower Lobby	16 Bible Study 9-10 am Conference Room	17 No Sweat Club 9:30 - 11 am Conference Room	18
19	20 Game Series 11a -12p Lower Lobby	21 Pickleball 6-9:30 am Lower Gym	22 Sheepshead 10a -12p Lower Lobby	23 Bible Study 9-10 am Conference Room	24 No Sweat Club 9:30 - 11 am Conference Room	25
26	27 Game Series 11a -12p Lower Lobby	28 Pickleball 6-9:30 am Lower Gym July Birthday Party 10—11 am Lower Lobby	29 Sheepshead 10a -12p Lower Lobby	30 Bible Study 9-10 am Conference Room	31 No Sweat Club 9:30 - 11 am Conference Room	

LOOKING FOR MORE INFO? WE'RE HERE TO HELP!

GO TO GWCYMCA.ORG • CALL 414-546-9622 • VISIT THE BUSINESS SERVICE DESK AT THE SOUTHWEST Y!

WISCONSIN SUMMERTIME FUN

FOREVERWELL® SOCIALS SOUTHWEST YMCA



FOREVERWELL ORIENTATION

 WED, JULY 8 | 11:00 AM – 12:00 PM

FOREVERWELL® Orientation is designed to help adults 55+ thrive in their wellness journey by gaining the tools, confidence, and support needed for success.

WISCONSIN DAY

 TUE, JULY 14 | 10:00 – 11:00 AM

Cheese, cows, sports, trivia, and more! Join us as we celebrate our beautiful state. Feel free to wear some



JULY BIRTHDAY PARTY

 TUE, JULY 28 | 10:00 – 11:00 AM

Come and celebrate all of the July birthdays.

REGISTER ONLINE, OVER THE PHONE, OR AT THE BUSINESS DESK.

SOUTHWEST YMCA | 11311 W. Howard Ave. Greenfield, WI 53228 | 414-546-9622 | GWCYMCA.ORG