



# FOREVERWELL® CALENDAR

# JULY 2026



Flip over this calendar to learn more about programs and events happening at the Y this month.

## SPECIAL EVENTS

Register at the business desk

FOREVERWELL Orientation  
July 7th, 10:00-11:00 am

FW Social—White Elephant Bingo  
July 9th, 12:30-1:30 pm

Habits of Healthy People (Sponsored by Humana)  
July 23rd, 12:30-1:30 pm

FOREVERWELL Orientation  
August 12th, 11:00-12:00 pm

FW Social—Pre-Season Packer Party  
August 13th, 12:30-1:30 pm

Kindness Rock Painting (Sponsored by Humana)  
August 27th, 11:00-12:00 pm

**TRI COUNTY**  
**YMCA**

N84 W17501  
Menomonee Avenue  
Menomonee Falls, WI  
262-255-9622

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>VISIT OUR WEBSITE FOR EVEN MORE WAYS TO HAVE FUN AT THE Y!</b>		<b>1</b> SHEEPSHEAD 12:30 pm  (GATHERING AREA)	<b>2</b>	<b>3</b>	<b>4</b>
	<b>5</b>	<b>6</b> CRIBBAGE 12:30 pm  (GATHERING AREA)	<b>7</b> UNO CARD CLUB 12:30 pm  (GATHERING AREA)	<b>8</b> SHEEPSHEAD 12:30 pm  (GATHERING AREA)	<b>9</b>	<b>10</b>
<b>12</b>	<b>13</b> CRIBBAGE 12:30 pm  (GATHERING AREA)	<b>14</b> UNO CARD CLUB 12:30 pm  (GATHERING AREA)	<b>15</b> SHEEPSHEAD 12:30 pm  (GATHERING AREA)	<b>16</b>	<b>17</b>	<b>18</b>
<b>19</b>	<b>20</b> CRIBBAGE 12:30 pm  (GATHERING AREA)	<b>21</b> UNO CARD CLUB 12:30 pm  (GATHERING AREA)	<b>22</b> SHEEPSHEAD 12:30 pm  (GATHERING AREA)	<b>23</b>	<b>24</b>	<b>25</b>
<b>26</b>	<b>27</b> CRIBBAGE 12:30 pm  (GATHERING AREA)	<b>28</b> UNO CARD CLUB 12:30 pm  (GATHERING AREA)	<b>29</b> SHEEPSHEAD 12:30 pm  (GATHERING AREA)	<b>30</b>	<b>31</b>	

**LOOKING FOR MORE INFO? WE'RE HERE TO HELP!**  
GO TO [GWCYMCA.ORG](http://GWCYMCA.ORG) • CALL 262-255-9622 • VISIT THE BUSINESS SERVICE DESK AT THE TRI COUNTY Y!

# WE'RE CELEBRATING SUMMER FUN IN JULY

## FOREVERWELL® SOCIALS Tri County YMCA



### FOREVERWELL ORIENTATION

 TUES, JULY 7 | 10:00AM - 11:00AM

The ForeverWell Orientation is designed to welcome and empower new YMCA members ages 55+ with helpful tools to support their journey.

### WHITE ELEPHANT BINGO

 THURS, JULY 9 | 12:30PM - 1:30PM

Get ready for an afternoon of laughter, surprises, and friendly competition at the gathering area. Play for a chance to win fun and unique prizes.



### HABITS OF HEALTHY PEOPLE (HUMANA SPONSORED EVENT)

 THURS, JULY 23 | 12:30PM - 1:30PM

Join us in the Conference Room for this engaging event sponsored by Humana and discover simple, practical habits that support a healthier lifestyle.

**REGISTER ONLINE, OVER THE PHONE, OR AT THE BUSINESS DESK.**

TRI COUNTY YMCA | N84W17501 MENOMONEE AVE, 53051 | 262-255-9622 | GWCYMCA.ORG