



# FOREVERWELL® CALENDAR

# JULY 2026



Flip over this calendar to learn more about programs and events happening at the Y this month.


## SPECIAL EVENTS

Register at the business desk

July 17: Rock Painting  
 July 22: Brewers Tailgate  
 July 24: Ice Cream Social  
 July 31: Bingo

August 14: Presentation: Estate Planning  
 August 21: Presentation: Fall Asleep Stay Asleep  
 August 28: Bingo

**WAUKESHA**  
**YMCA**  
 320 E. Broadway  
 Waukesha, WI 53186  
 262-542-2557  
 gwcymca.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>VISIT OUR WEBSITE FOR EVEN MORE WAYS TO HAVE FUN AT THE Y!</b>		1 <b>5 Crowns (card game)</b> 1:00-2:00 Lounge	2 <b>Cribbage</b> 2:00-3:00 Lounge	3	4 YMCA Closed Happy 4th Of July
5	6 <b>Sheepshead</b> 1:00-2:00 Lounge	7 <b>Euchre</b> 1:00 PM Lounge <b>Walking Club</b> 2:00 PM Track	8 <b>5 Crowns (card game)</b> 1:00-2:00 Lounge	9 <b>Cribbage</b> 2:00-3:00 Lounge	10	11
12	13 <b>Sheepshead</b> 1:00-2:00 Lounge	14 <b>Euchre</b> 1:00 PM Lounge <b>Walking Club</b> 2:00 PM Track	15 <b>5 Crowns (card game)</b> 1:00-2:00 Lounge	16 <b>Cribbage</b> 2:00-3:00 Lounge	17 <b>Special Event</b> 1:00 Conference Room	18
19	20 <b>Sheepshead</b> 1:00-2:00 Lounge	21 <b>Euchre</b> 1:00 PM Lounge <b>Walking Club</b> 2:00 PM Track	22 <b>5 Crowns</b> 1:00 Lounge <b>Special Event</b> 1:00 Lounge	23 <b>Cribbage</b> 2:00-3:00 Lounge	24 <b>Special Event</b> 1:00	25
26	27 <b>Sheepshead</b> 1:00-2:00 Lounge	28 <b>Euchre</b> 1:00 PM Lounge <b>Walking Club</b> 2:00 PM Track	29 <b>5 Crowns (card game)</b> 1:00-2:00 Lounge	30 <b>Cribbage</b> 2:00-3:00 Lounge	31 <b>Special Event</b> 1:00 Lounge	

LOOKING FOR MORE INFO? WE'RE HERE TO HELP!  
 GO TO GWCYMCA.ORG • CALL 262-542-2557 • VISIT THE BUSINESS SERVICE DESK AT THE WAUKESHA Y!

# JULY FOREVERWELL EVENTS

## Social Seniors | WAUKESHA YMCA



### ROCK PAINTING

 FRI, JULY 17TH | 1:00 PM - 2:00 PM

Join us in the Conference Room for a fun and creative event hosted by Humana! Participants will come together to paint rocks that can be placed throughout the community to brighten someone's day and spread positivity. This is a great opportunity to connect with others, express your creativity, and make a small impact in our community one rock at a time.

### BREWERS TAILGATE

 WED, JULY 22 | 1:00 PM

Join us in the lounge for a fun-filled Milwaukee Brewers Tailgate Party! Watch the game, enjoy tasty snacks, and take part in exciting games and activities. Bring your team spirit, wear your Brewers gear, and cheer them on with friends in a relaxed, lively atmosphere. It's game time—don't miss the fun!



### ICE CREAM SOCIAL

 FRI, JULY 24 | 1:00 PM - 2:00 PM

Join us outside the YMCA for a sweet Ice Cream Social! We'll provide the ice cream—you bring your favorite toppings. Mix, match, and create your perfect treat while enjoying great company and summer fun. Don't miss this deliciously fun event!

### BINGO

 FRI, JULY 31 | 1:00 PM - 2:00 PM

Join us in the lounge for a lively game of Bingo! Enjoy classic bingo with prizes. Bring your friends, relax, and celebrate the season with laughter, great company, and chances to win. Don't miss out on the fun!



**REGISTER ONLINE, OVER THE PHONE, OR AT THE BUSINESS DESK.**

WAUKESHA YMCA | 320 E. Broadway, Waukesha, WI 53186 | 262-542-2557 | [GWCYMCA.ORG](http://GWCYMCA.ORG)