



FOREVERWELL® CALENDAR

AUGUST 2026



Flip over this calendar to learn more about programs and events happening at the Y this month.

SPECIAL EVENTS

Register at the business desk

August 5th - Yard Games
10-12 PM

August 7th - FOREVERWELL Orientation 10:30-11:30 PM

August 13th - Generational Trivia Fun 10-11 AM

September 2nd - FOREVERWELL Orientation 10:30 - 11:30 AM

September 9th - Fabric Patch Pumpkins 10 - 11:30 AM

September 10th - Music BINGO 10 - 11 AM

September 24-28 - Fall Prevention Week Activities

MUKWONAGO

YMCA

245 E. Wolf Run
Mukwonago, WI 53149
262-363-7950
gwcymca.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	VISIT OUR WEBSITE FOR EVEN MORE WAYS TO HAVE FUN AT THE Y!					1
2	3 Pickleball 7a - 9am Walking Club 9am	4 Pickleball 7-9am & 12-2pm Walking Club 11am Card Games 12-2pm	5 Pickleball 7-9am Walking Club 10am	6 Pickleball 7-9am & 12-2pm Walking Club 9am Cribbage 2-4pm	7 Pickleball 7-9am & 12-2pm Walking Club 10am	8
9	10 Pickleball 7a - 9am Walking Club 9am	11 Pickleball 7-9am & 12-2pm Walking Club 11am Card Games 12-2pm	12 Pickleball 7-9am Walking Club 10am	13 Pickleball 7-9am & 12-2pm Walking Club 9am Cribbage 2-4pm	14 Pickleball 7-9am & 12-2pm Walking Club 10am	15
16	17 Pickleball 7a - 9am Walking Club 9am	18 Pickleball 7-9am & 12-2pm Walking Club 11am Card Games 12-2pm	19 Pickleball 7-9am Walking Club 10am	20 Pickleball 7-9am & 12-2pm Walking Club 9am Cribbage 2-4pm	21 Pickleball 7-9am & 12-2pm Walking Club 10am	22
23	24 Pickleball 7a - 9am Walking Club 9am	25 Pickleball 7-9am & 12-2pm Walking Club 11am Card Games 12-2pm	26 Pickleball 7-9am Walking Club 10am	27 Pickleball 7-9am & 12-2pm Walking Club 9am Cribbage 2-4pm	28 Pickleball 7-9am & 12-2pm Walking Club 10am	29
30	31 Pickleball 7a - 9am Walking Club 9am					

LOOKING FOR MORE INFO? WE'RE HERE TO HELP!

GO TO GWCYMCA.ORG • CALL 262-363-7950 • VISIT THE BUSINESS SERVICE DESK AT THE MUKWONAGO Y!

MOVE, MINGLE, SMILE

FOREVERWELL® SOCIALS

Mukwonago YMCA



YARD GAMES



WED, AUG 5TH | 10:00 AM - 12:00 PM

Test your skills in a variety of yard games and cheer friends on along the way. It's all about friends, fresh air, and plenty of laughs.

FOREVERWELL ORIENTATION



FRI, AUG 7TH | 10:30 - 11:30 AM

This is designed to welcome and empower new YMCA members. We will provide the tools, confidence and support you need to thrive in your wellness journey!



GENERATIONAL TRIVIA FUN



THURS, AUG 13TH | 10:00 - 11:00

From pop culture and history to music and milestones, this interactive event celebrated every generation in a fun and engaging way!

REGISTER ONLINE, OVER THE PHONE, OR AT THE BUSINESS DESK.

MUKWONAGO YMCA | 249 E Wolf Run, Mukwonago, WI 53149 | (262)363-7950 | GWCYMCA.ORG