



FOREVERWELL® CALENDAR

APRIL 2026



Flip over this calendar to learn more about programs and events happening at the Y this month.

SPECIAL EVENTS

Register at the business desk

Apr. 8th - Plants & Pot Painting
10-11:30 AM (Conference Room)

Apr. 10th - FOREVERWELL Orientation
10-11 AM (Conference Room)

Apr. 21st - Through the Lens - Carol Spaeth-Bauer
9:15-10:15 AM (Conference Room)

May 5th - Cinco de Mayo Fiesta BINGO
10-11:30 AM (Conference Room)

May 13th - Stroke Prevention Speaker
10-11 AM (Conference Room)

May 27th - National Senior Health & Wellness Day
(Many Activities)

MUKWONAGO

YMCA

245 E. Wolf Run
Mukwonago, WI 53149
262-363-7950
gwcymca.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	VISIT OUR WEBSITE FOR EVEN MORE WAYS TO HAVE FUN AT THE Y!		1 Pickleball 7-9 AM Brain Games 10-12 PM (Lobby)	2 Pickleball 7-9 AM & 12-2 PM Cribbage 2-4 PM Lobby	3 Pickleball 7-9 AM & 12-2 PM	4
	5 Easter - YMCA Closed	6 Pickleball 7-9 AM	7 Pickleball 7-9 AM & 12-2 PM	8 Pickleball 7-9 AM Brain Games 10-12 PM (Lobby)	9 Pickleball 7-9 AM & 12-2 PM Cribbage 2-4 PM Lobby	10 Pickleball 7-9 AM & 12-2 PM
12	13 Pickleball 7-9 AM	14 Pickleball 7-9 AM & 12-2 PM	15 Pickleball 7-9 AM Brain Games 10-12 PM (Lobby)	16 Pickleball 7-9 AM & 12-2 PM Cribbage 2-4 PM Lobby	17 Pickleball 7-9 AM & 12-2 PM	18
19	20 Pickleball 7-9 AM	21 Pickleball 7-9 AM & 12-2 PM	22 Pickleball 7-9 AM Brain Games 10-12 PM (Lobby)	23 Pickleball 7-9 AM & 12-2 PM Cribbage 2-4 PM Lobby	24 Pickleball 7-9 AM & 12-2 PM	25
26	27 Pickleball 7-9 AM	28 Pickleball 7-9 AM & 12-2 PM	29 Pickleball 7-9 AM Brain Games 10-12 PM (Lobby)	30 Pickleball 7-9 AM & 12-2 PM Cribbage 2-4 PM Lobby	31	

LOOKING FOR MORE INFO? WE'RE HERE TO HELP!

GO TO GWCYMCA.ORG • CALL 262-363-7950 • VISIT THE BUSINESS SERVICE DESK AT THE MUKWONAGO Y!

MAKE FRIENDS & LIVE BETTER

FOREVERWELL® SOCIALS Mukwonago



POT PAINTING & PLANTS



Wednesday, April 8th



10:00-11:30 AM

Join us for Pot Painting & Plants, a relaxing and creative social gathering. Decorate your own pot and add some seeds to take home. Enjoy good company, light refreshments, and a fun hands-on activity that brings a touch of nature indoors.

FOREVERWELL ORIENTATION



Friday, April 10th



10:00-11:00 AM

The FOREVERWELL® Orientation is designed to welcome and empower new YMCA members ages 55+ by providing the tools, confidence, and support they need to thrive in their wellness journey.

