



FOREVERWELL® CALENDAR

OCTOBER 2026



Flip over this calendar to learn more about programs and events happening at the Y this month.

SPECIAL EVENTS

Register at the business desk

Oct 5th - 11th - Active Aging Week Activities

October 14th - FOREVERWELL Orientation 10 - 11 AM

October 20th - Chili & Soup Cook Off 11 AM - 12 PM

Nov 4th - Card Games, Coffee, & Conversations 10-11:30 AM

Nov 10th - Advia Credit Union - Scams 10-11 AM

Nov 11 - FOREVERWELL Orientation 10:30-11:30 AM

Nov 19 - Staying Social - How to do it 10-11 AM

MUKWONAGO

YMCA

245 E. Wolf Run
Mukwonago, WI 53149
262-363-7950
gwcymca.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	VISIT OUR WEBSITE FOR EVEN MORE WAYS TO HAVE FUN AT THE Y!			1 Pickleball 6:45-8:45am & 12-2pm Cribbage 2-4pm	2 Pickleball 6:45-8:45am & 12-2pm	3
4	5 Pickleball 6:45-8:45am	6 Pickleball 6:45-8:45am & 12-2pm Card Games 12-2pm	7 Pickleball 6:45-8:45am Humana Medicare Table 8:30 - 11 AM	8 Pickleball 6:45-8:45am & 12-2pm Cribbage 2-4pm	9 Pickleball 6:45-8:45am & 12-2pm	10
11	12 Pickleball 6:45-8:45am	13 Pickleball 6:45-8:45am & 12-2pm Card Games 12-2pm	14 Pickleball 6:45-8:45am UHC Medicare Advantage Supplement Table 9:30-11 AM	15 Pickleball 6:45-8:45am & 12-2pm Cribbage 2-4pm	16 Pickleball 6:45-8:45am & 12-2pm	17
18	19 Pickleball 6:45-8:45am	20 Pickleball 6:45-8:45am & 12-2pm Card Games 12-2pm	21 Pickleball 6:45-8:45am	22 Pickleball 6:45-8:45am & 12-2pm Cribbage 2-4pm	23 Pickleball 6:45-8:45am & 12-2pm	24
25	26 Pickleball 6:45-8:45am	27 Pickleball 6:45-8:45am & 12-2pm Card Games 12-2pm	28 Pickleball 6:45-8:45am	29 Pickleball 6:45-8:45am & 12-2pm Cribbage 2-4pm	30 Pickleball 6:45-8:45am & 12-2pm	31

LOOKING FOR MORE INFO? WE'RE HERE TO HELP!

GO TO GWCYMCA.ORG • CALL 262-363-7950 • VISIT THE BUSINESS SERVICE DESK AT THE MUKWONAGO Y!

WELLNESS & WARMTH

FOREVERWELL® SOCIALS Mukwonago YMCA



FOREVERWELL ORIENTATION



October 14th



10:00 AM – 11:00 AM

Discover all the ways FOREVERWELL helps you stay active, connected, and engaged at the YMCA. Learn about programs, meet new friends, and find opportunities to thrive in every season of life.

CHILI OR SOUP COOK OFF



October 20th



11:00 AM – 12:00 PM

Join us for a Chili & Soup Cookoff, where warm bowls and friendly competition take center stage. Bring your best recipe to share or come ready to taste and vote for your favorites. It's a delicious way to enjoy good food, good company, and a little culinary bragging rights.



REGISTER ONLINE, OVER THE PHONE, OR AT THE BUSINESS DESK.

MUKWONAGO YMCA | 249 E Wolf Run, Mukwonago, WI 53149 | (262)363-7950 | GWCYMCA.ORG