

NEW BERLIN YMCA MAY CALENDAR



Flip over this calendar to learn more about programs and events happening at the Y this month.


SPECIAL EVENTS

May 2– **CINCO DE MAYO & SCATTERGORIES** 12:30–2:00PM
 May 9– **CARDIO DRUMMING** 12:30–2:25PM
 May 16– **PIZZA PARTY & TRIVIA** 12:30–1:30 PM
 May 20– **MEET THE AUTHOR** 12:30–1:30PM
 May 28– **SENIOR HEALTH & FITNESS DAY** 12:30–3:00PM

June 6– **Puzzle Pursuit** 12:30–2:00PM
 June 10– **Brunch & Telephone Pictionary** 9:30–11AM
 June 27– **Holiday Potluck & Bingo** 12:30–2:00PM

NEW BERLIN YMCA

3610 Michelle Witmer
Memorial Drive
New Berlin, WI 43151
262-330-5190
gwcymca.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	VISIT OUR WEBSITE FOR EVEN MORE WAYS TO HAVE FUN AT THE Y!			1 Dice Game Series 12:30–1:30PM	2 Walking Club 9:30am–10:00am	3
4	5 Dominoes: 10am–12pm Indoor Cornhole: 12:30pm–2:30pm	6 Walking Club 9:30am–10:00am	7 Book Club: 12pm–1pm	8 Dice Game Series 12:30–1:30PM	9 Walking Club 9:30am–10:00am Bridge: 9am–11am	10
11	12 Sheepshead: 12:30pm–2:30pm	13 Walking Club 9:30am–10:00am	14 Scrabble: 9am–10am WII Sports: 12:30pm–1:30pm	15 Dice Game Series 12:30–1:30PM	16 Walking Club 9:30am–10:00am	17
18	19 Dominoes: 10am–12pm Indoor Cornhole: 12:30pm–2:30pm	20 Walking Club 9:30am–10:00am	21 Book Club: 12pm–1pm	22 Bunco: 12:30pm–1:30pm	23 Walking Club 9:30am–10:00am Bridge: 9am–11am	24
25	26 CLOSED MEMORIAL DAY	27 Walking Club 9:30am–10:00am	28 Scrabble: 9am–10am WII Sports: 12:30pm–1:30pm	20 Dice Game Series 12:30–1:30PM	30 Walking Club 9:30am–10:00am	31

LOOKING FOR MORE INFO? WE'RE HERE TO HELP!

GO TO GWCYMCA.ORG • CALL 262-330-5190 • VISIT THE BUSINESS SERVICE DESK AT THE NEW BERLIN Y!

MIND, BODY, & SPIRIT



Social Seniors YMCA MEMBERSHIP REQUIRED NEW BERLIN YMCA WELLNESS CENTER

**MAY
2**

12:30-2:00PM

CINCO DE MAYO CELEBRATION & SCATTERGORIES

Bring a dish to pass & enjoy comradery as you compete against other teams in Scattergories.

Location: Wellness Center Lounge



CARDIO DRUMMING

Cardio drumming takes a simple movement, drumming, and turns it into a full-body workout. Using an exercise ball, drumsticks, and the floor, cardio drumming turns keeping a rhythm into a workout you won't want to stop.

Registration Open: Feb 28 2025

Cost: \$5

Location: Group Fitness Studio

**MAY
9**

12:30-1:25PM

1:30-2:25PM

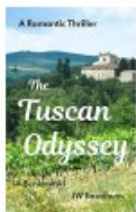
**MAY
16**

12:30-1:30PM

PIZZA PARTY & TRIVIA

Test your knowledge while enjoying homemade pizza & socializing with other members.

Location: Association Conference Room



MEET THE AUTHOR

Meet with James Baudhuin, author of a three book series discuss his books and the writing process behind it

Location: Lobby

**MAY
20**

12:30-1:30PM



REGISTER AT THE BUSINESS DESK, OVER THE PHONE OR ONLINE

NEW BERLIN YMCA 3610 M. Witmer Memorial Dr, New Berlin • 262-330-5190 • GWCYMCA.ORG

Questions? Kristen Deal | 262-330-5194 | kdeal@gwcymca.org

Join us for...



NATIONAL SENIOR HEALTH & WELLNESS DAY!



WHEN:

May 28

12:30-3:00PM

WHERE:

NEW BERLIN YMCA

AFTERNOON LINE UP:

GROUP EXERCISE STUDIO:

12:30-1:30PM

GLOW CHAIR YOGA

1:30-3:00PM

GLOW DANCE PARTY

LOBBY:

12:30-1:30PM

WII SPORTS

1:30-3:00PM

SNACKS & CARD GAMES

CONFERENCE ROOM:

12:00-1:00PM

ERAS SENIOR NETWORK:

TRANSPORTATION OPTIONS

2:00-3:00PM

FUELING WELLNESS WORKSHOP

Cost: \$15

Contact:

Kristen Deal

kdeal@gwcymca.org

262-330-5194

Register at the business desk,
online, or call 262-330-5190