



FOREVERWELL® CALENDAR

AUGUST 2026



Flip over this calendar to learn more about programs and events happening at the Y this month.

SPECIAL EVENTS

Register at the business desk

Aug-11 **Brunch** 9:30-10:30am
 Aug-12 **FOREVERWELL® Orientation**
 9:00-10:00am
 Aug-14 **Outdoor Picnic**
 12:30-2:00pm
 Aug-21 **Trivia** 12:30-2:00pm
 Aug-28 **Birthday Celebration**
 12:30-1:30pm
 Aug-28 **Cardio Drumming**
 12:45-1:45pm

Sept-8 **FOREVERWELL® Orientation**
 11:00am-12:00pm
 Sept-11 **Letters to Service Men**
 12:30-1:30pm
 Sept-18 **Cardio Drumming**
 12:45-1:45pm
 Sept 21-25 **Fall Prevention Week**
 Times Varies
 Sept-25 **Birthday Celebration**
 12:30-1:30pm

NEW BERLIN
YMCA

3610 Michelle Witmer
 Memorial Drive
 New Berlin, WI 53151
 262-330-5190
 gwcymca.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	VISIT OUR WEBSITE FOR EVEN MORE WAYS TO HAVE FUN AT THE Y!					1
2	3 Sheepshead 12:30pm-2:30pm Indoor Cornhole 1:00pm-2:00pm	4 Mahjong 12:30pm-2:00pm	5 WII Sports 12:30pm-1:30pm	6 Cribbage 12:30pm-2:00pm	7 5 Crowns 11:00am-12:30pm	8
9	10 Indoor Cornhole 1:00pm-2:00pm	11 Mahjong 12:30pm-2:00pm SPECIAL EVENT 9:30am-10:30am	12 WII Sports 12:30pm-1:30pm FOREVERWELL® Orientation 9:00am-10:00am Register Online	13 Cribbage 12:30pm-2:00pm	14 5 Crowns 11:00am-12:30pm SPECIAL EVENT 12:30pm-2:00pm	15
16	17 Sheepshead 12:30pm-2:30pm Indoor Cornhole 1:00pm-2:00pm	18 Mahjong 12:30pm-2:00pm	19 WII Sports 12:30pm-1:30pm	20 Cribbage 12:30pm-2:00pm	21 5 Crowns 11:00am-12:30pm SPECIAL EVENT 12:30pm-2:00pm	22
23	24 Indoor Cornhole 1:00pm-2:00pm	25 Mahjong 12:30pm-2:00pm	26 WII Sports 12:30pm-1:30pm	27 Cribbage 12:30pm-2:00pm	28 5 Crowns 11:00am-12:30pm SPECIAL EVENTS 12:30pm-1:30pm 12:45pm-1:45pm	29
30	31 Indoor Cornhole 1:00pm-2:00pm					

LOOKING FOR MORE INFO? WE'RE HERE TO HELP!

GO TO GWCYMCA.ORG • CALL 262-330-5190 • VISIT THE BUSINESS SERVICE DESK AT THE NEW BERLIN Y!

GATHER, PLAY, CELEBRATE

FOREVERWELL®



BRUNCH



TUE, AUG 11 | 9:30AM – 10:30AM

Start your morning with good food and great company. Join us for a casual potluck style brunch where you can connect with others and enjoy a welcoming, social atmosphere. Sign-up for the item you plan to bring at the front desk. **LOCATION: LOUNGE**

4TH ANNUAL OUTDOOR PICNIC



FRI, AUG 14 | 12:30PM–2:00PM

Join fellow YMCA members for a laid-back gathering on the lawn behind the library filled with good food, music, and outdoor fun. Bring a dish to share and enjoy a relaxed afternoon of connection and outdoor games.



GENERATIONAL TRIVIA



FRI, AUG 21 | 12:30PM – 2:00PM

Put your knowledge to the test in this fun and interactive trivia game featuring questions from different generations! you'll enjoy a trip down memory lane while learning something new. It's a great way to connect, laugh, and celebrate the experiences that make each generation unique! Sponsored by Humana. **LOCATION: LOUNGE**

BIRTHDAY CELEBRATION



FRI, AUG 28 | 12:30PM – 1:30PM

Celebrate the month's birthdays with us! Enjoy treats, social time, and a chance to recognize and connect with fellow members in a fun, festive setting. **LOCATION: LOUNGE**



CARDIO DRUMMING



FRI, AUG 28 | 12:45PM – 1:45 PM

Cardio drumming takes a simple movement, drumming, and turns it into a full body workout. Using an exercise ball, drumsticks, and the floor, cardio drumming turns a rhythm into a workout you won't want to stop. Cost: \$5 **LOCATION: GROUPEX STUDIO**

REGISTER ONLINE, OVER THE PHONE, OR AT THE BUSINESS DESK.

NEW BERLIN YMCA | 3610 Michelle Witmer Mem. Dr. New Berlin, 53151 | 262-330-5190 | GWCYMCA.ORG