



# FOREVERWELL® CALENDAR

# MARCH 2026



Flip over this calendar to learn more about programs and events happening at the Y this month.

## SPECIAL EVENTS

Register at the business desk

Mar-5 **Soup'er Bowl** 12:30-2:00pm  
 Mar-10 **Foreverwell@ Orientation**  
 11:00am-12:00pm  
 Mar-13 **PI Day** 12:30-1:30pm  
 Mar-20 **Cardio Drumming**  
 1:00-2:00pm  
 Mar-27 **Mar. Birthday Celebration**  
 12:30-1:30pm

Apr-1 **Station of the Cross Prayer Brunch** 12:30-2:00pm  
 Apr-9 **Foreverwell@ Orientation**  
 10:00-11:00am  
 Apr-10 **Bingo** 12:30-2:00pm  
 Apr-14 **Brunch** 9:30-11:00am  
 Apr-24 **Apr. Birthday Celebration**  
 12:30-1:30pm

# NEW BERLIN YMCA

36 10 Michelle Witmer  
 Memorial Drive  
 New Berlin, WI 43151  
 262-330-5190  
 gwcymca.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Sheepshead 12:30pm-2:30pm Indoor Cornhole 1:00pm-2:00pm	3 Scrabble 12:30pm-2:00pm	4 WII Sports 12:30pm-1:30pm	5 Cribbage 12:30pm-1:30pm <b>SPECIAL EVENT</b> 12:30pm-2:00pm	6 5 Crowns 11:30am-12:30pm	7
8	9 Indoor Cornhole 1:00pm-2:00pm	10 Rummikub 12:30pm-2:00pm <b>FOREVERWELL@</b> <b>Orientation</b> 11:00am-12:00pm <b>Register Online</b>	11 WII Sports 12:30pm-1:30pm	12 Cribbage 12:30pm-1:30pm	13 5 Crowns 11:30am-12:30pm <b>SPECIAL EVENT</b> 12:30pm-1:30pm	14
15	16 Sheepshead 12:30pm-2:30pm Indoor Cornhole 1:00pm-2:00pm	17 Scrabble 12:30pm-2:00pm	18 WII Sports 12:30pm-1:30pm	19 Cribbage 12:30pm-1:30pm	20 5 Crowns 11:30am-12:30pm <b>SPECIAL EVENT</b> 1:00pm-2:00pm	21
22	23 Indoor Cornhole 1:00pm-2:00pm	24 Rummikub 12:30pm-2:00pm	25 WII Sports 12:30pm-1:30pm	26 Cribbage 12:30pm-1:30pm	27 <b>SPECIAL EVENT</b> 12:30pm-1:30pm	28
29	30 Sheepshead 12:30pm-2:30pm Indoor Cornhole 1:00pm-2:00pm	31 Scrabble 12:30pm-2:00pm				

VISIT OUR WEBSITE FOR EVEN MORE  
 WAYS TO HAVE FUN AT THE Y!

LOOKING FOR MORE INFO? WE'RE HERE TO HELP!

GO TO GWCYMCA.ORG • CALL 262-330-5190 • VISIT THE BUSINESS SERVICE DESK AT THE NEW BERLIN Y!

# FLAVOR, FITNESS, FUN

FOREVERWELL® SOCIALS | NEW BERLIN YMCA



## 4TH ANNUAL SOUP'ER BOWL CONTEST

 THUR, MAR 5 | 12:30 PM - 2:00 PM

Register to bring your soup recipe and put it to the ultimate taste test! This is your chance to wow the crowd. Earn the coveted title of Soup'er Bowl Champion, and a Trader Joe's gift card. Or for just \$5, sample homemade soups and get 5 tickets to vote for your favorites. Enjoy great food, fun, and a chance to win raffle prizes including a 50/50 raffle. LOCATION: LOUNGE

## PI DAY

 FRI, MAR 13 | 12:30 PM - 1:30 PM

Celebrate PI Day a little early with a slice of pie and a light-hearted round of the PI Card Game. It's a fun, no-pressure way to enjoy a sweet treat, try something new, and share a few laughs with friends. LOCATION: LOUNGE  
Sponsored by Arden Property Group.



## CARDIO DRUMMING

 FRI, MAR 20 | 1:00 PM - 2:00 PM

Cardio drumming takes a simple movement, drumming, and turns it into a full-body workout.... Using an exercise ball, drumsticks, and the floor, cardio drumming turns keeping a rhythm into a workout. \$5 per person for members and \$8 per person for non-members. LOCATION: GROUPEX STUDIO

## MARCH BIRTHDAY CELEBRATION

 FRI, MAR 27 | 12:30 PM - 1:30 PM

We feel birthdays are something to be celebrated and we want to help our members feel extra special... Come celebrate all March birthdays with cake, laughter, and festive cheer!... Join us for a warm social gathering where every celebrant gets their moment to shine. LOCATION: LOUNGE



REGISTER ONLINE, OVER THE PHONE, OR AT THE BUSINESS DESK.

NEW BERLIN YMCA | 3610 Michelle Witmer Mem. Dr., New Berlin, WI 53151 | 262-330-5190 | GWCYMCA.ORG