



FOREVERWELL® CALENDAR

AUGUST 2026



Flip over this calendar to learn more about programs and events happening at the Y this month.

SPECIAL EVENTS

Register at the business desk

FOREVERWELL® Orientation
August 12th, 11:00-12:00pm

FW Social—Packers Party
August 13th, 12:30-1:30pm

Kindness Rock Painting—Humana
August 27th, 11:00-12:00pm

FOREVERWELL® Orientation
September 8th, 11:00-12:00pm

FW Social—Sheepshead Tourney
September 9th, 12:30-3:00pm

Generational Trivia—Humana
September 24th, 12:30-1:30pm

TRI COUNTY
YMCA

N84 W17501
Menomonee Avenue
Menomonee Falls, WI
262-255-9622

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	VISIT OUR WEBSITE FOR EVEN MORE WAYS TO HAVE FUN AT THE Y!					1
2	3 CRIBBAGE 12:30PM (GATHERING AREA)	4 UNO CARD CLUB 12:30PM (GATHERING AREA)	5 SHEEPSHEAD 12:30PM (GATHERING AREA)	6 LEARN: SCATTERGORIES 12:30PM (GATHERING AREA)	7	8
9	10 CRIBBAGE 12:30PM (GATHERING AREA)	11 UNO CARD CLUB 12:30PM (GATHERING AREA)	12 SHEEPSHEAD 12:30PM FOREVERWELL® Orientation 11:00AM-12:00PM Register Online	13 SPECIAL EVENT 12:30PM-1:30PM	14	15
16	17 CRIBBAGE 12:30PM (GATHERING AREA)	18 UNO CARD CLUB 12:30PM (GATHERING AREA)	19 SHEEPSHEAD 12:30PM (GATHERING AREA)	20 LEARN: SCATTERGORIES 12:30PM (GATHERING AREA)	21	22
23	24 CRIBBAGE 12:30PM (GATHERING AREA)	25 UNO CARD CLUB 12:30PM (GATHERING AREA)	26 SHEEPSHEAD 12:30PM (GATHERING AREA)	27 SPECIAL EVENT 11:00AM-12:00PM	28	29
30	31 CRIBBAGE 12:30PM (GATHERING AREA)					

LOOKING FOR MORE INFO? WE'RE HERE TO HELP!

GO TO GWCYMCA.ORG • CALL 262-363-7950 • VISIT THE BUSINESS SERVICE DESK AT THE MUKWONAGO Y!

WE'RE SHARING SMILES & KINDNESS ALL AUGUST LONG

FOREVERWELL® SOCIALS

Tri County YMCA



FOREVERWELL ORIENTATION

 WED, AUG 12 | 11:00AM -12:00PM

New to FOREVERWELL? Join this 60-minute orientation to help feel confident, comfortable, and connected as you begin your wellness journey.

PRE-SEASON PACKER PARTY

 THURS, AUG 13 | 12:30PM -1:30PM

Go Pack Go! Join us for a fun-filled Packer Party with games, great food, and team spirit. Bring your favorite tailgate snack to share and wear your gear!



KINDNESS ROCK PAINTING (HUMANA SPONSORED EVENT)

 THURS, AUG 27 | 11:00AM -12:00PM

Paint and decorate kindness rocks with uplifting messages and cheerful designs to share throughout the community — lets spread some joy!

REGISTER ONLINE, OVER THE PHONE, OR AT THE BUSINESS DESK.

TRICOUNTY YMCA | N84W17501 MENOMONEE AVE, 53051 | 262-255-9622 | GWCYMCA.ORG