



FAMILY ENGAGEMENT CALENDAR

FEBRUARY 2026

SPECIAL EVENTS

Family Sweetheart Dance
Dust off your dancing shoes and create lifelong memories your kids won't forget. Bring the whole family and get ready to groove with our DJ. Light refreshments will be provided.

All Ages: FREE/Member, \$10 Program Participant

Come check out our Family Fitness classes!

Family Yoga Mon from 6-7
Family Zumba, Wed from 6-7

All children under 12 must be accompanied by an adult family member.

TRI COUNTY
YMCA

N84 W17501
Menomonee Avenue
Menomonee Falls, WI
262-255-9622

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Club 812 4 pm - 6 pm Family Yoga 6-7 pm	3 Teen Room 4 pm - 6 pm	4 Stay and Play 11:30 - 12:30 Club 812 4 pm - 6 pm Family Zumba 6-7 p	5 Teen Room 4 pm - 6 pm	6 Sweetheart Dance 6-8 pm FREE for Y members	7 Parents' Night Out 5pm-8pm
8	9 Club 812 4 pm - 6 pm Family Yoga 6-7 pm	10 Teen Room 4 pm - 6 pm	11 Stay and Play 11:30 - 12:30 Club 812 4 pm - 6 pm Family Zumba 6-7 p	12 Teen Room 4 pm - 6 pm	13	14
15	16 Club 812 4 pm - 6 pm Family Yoga 6-7 pm	17 Teen Room 4 pm - 6 pm	18 Stay and Play 11:30 - 12:30 Club 812 4 pm - 6 pm Family Zumba 6-7 p	19 Teen Room 4 pm - 6 pm	20 School's Out Fun Day 7am-6pm	21
22	23 Club 812 4 pm - 6 pm Family Yoga 6-7 pm	24 Teen Room 4 pm - 6 pm	25 Stay and Play 11:30 - 12:30 Club 812 4 pm - 6 pm Family Zumba 6-7 p	26 Teen Room 4 pm - 6 pm	27	28



VISIT OUR WEBSITE FOR EVEN MORE
WAYS TO HAVE FUN AT THE Y!

LOOKING FOR MORE INFO? WE'RE HERE TO HELP!

GO TO GWCYMCA.ORG • CALL 262-255-9622 • VISIT THE BUSINESS SERVICE DESK AT THE TRI COUNTY Y!