



FOREVERWELL® CALENDAR

OCTOBER 2026



Flip over this calendar to learn more about programs and events happening at the Y this month.

SPECIAL EVENTS

Register at the business desk

Oct 2: **FW Orientation**
 Oct 5-11: **Active Aging Week**
 Oct 9: **Book Buddy**
 Oct 23: **Fall Fun Day**
 Oct 30: **Halloween Bingo**

Nov 6: **Book Buddy**
 Nov 11: **FW Orientation**
 Nov 13: **Trivia**
 Nov 20 : **Friendsgiving Potluck**

WAUKESHA YMCA

320 E. Broadway
 Waukesha, WI 53186
 262-542-2557
 gwcymca.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	VISIT OUR WEBSITE FOR EVEN MORE WAYS TO HAVE FUN AT THE Y!			1	2 Special Event 11:00 Conference Room	3
4	5	6	7	8	9	10
	Active Aging Week			Skipbo (Cards) 1:00 PM Lounge Cribbage 2:00 PM Lounge Dual Medicare Table 9:30-11am Medicare Advantage/ Supplement 11-12pm		
	Sheepshead 1:00-2:00 Lounge	Euchre 1:00 PM Lounge Walking Club 2:00 PM Track	5 Crowns 1:00-2:00 Lounge		Humana 8:30-11am Special Event 12:30- 1:00	
11	12	13	14	15	16	17
	Sheepshead 1:00-2:00 Lounge	Euchre 1:00 PM Lounge Walking Club 2:00 PM Track	5 Crowns (card game) 1:00-2:00 Lounge	Skipbo (Cards) 1:00 PM Lounge Cribbage 2:00 PM Lounge		
18	19	20	21	22	23	24
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25	26	27	28	29	30	31
	Sheepshead 1:00-2:00 Lounge	Euchre 1:00 PM Lounge Walking Club 2:00 PM Track	5 Crowns (card game) 1:00-2:00 Lounge	Skipbo (Cards) 1:00 PM Lounge Cribbage 2:00 PM Lounge	Special Event 1:00-2:00 Lounge	

LOOKING FOR MORE INFO? WE'RE HERE TO HELP!

GO TO GWCYMCA.ORG • CALL 262-542-2557 • VISIT THE BUSINESS SERVICE DESK AT THE WAUKESHA Y!

OCTOBER SPECIAL EVENTS

FOREVERWELL | WAUKESHA YMCA



FOREVERWELL ORIENTATION

 FRI, OCT 2 | 11:00 AM - 12:00 PM

The ForeverWell Orientation is designed to welcome and empower new YMCA members ages 55+ by providing the tools, confidence, and support they need to thrive in their wellness journey. This interactive 60-minute session ensures participants feel comfortable, capable, and connected from day one.

BOOK BUDDY

 FRI, OCT 9 | 12:30 PM - 1:00 PM

Partner with our preschool program and share the joy of reading to our 3- and 4-year-old classroom in the Lounge! (Book will be provided)



FALL FUN DAY

 FRI, OCT 23 | 1:00 PM - 2:00 PM

Celebrate the season with us at our Fall Fun Day in the Basement Conference Room! Enjoy an afternoon of autumn-themed activities, games, laughter, and socializing with friends. Have some fun and embrace the spirit of fall, there's something for everyone to enjoy. Come join the festivities and make the most of this colorful season!

HALLOWEEN BINGO

 FRI, OCT 30 | 1:00 PM - 2:00 PM

Get ready for a spooktacular time at our Halloween Bingo event! Join us in the Lounge for an afternoon of festive fun, friendly competition, and Halloween-themed excitement. Dress in your favorite costume if you'd like and try your luck at winning prizes. Bring your friends and celebrate the Halloween season with a few rounds of bingo and plenty of laughs!



REGISTER ONLINE, OVER THE PHONE, OR AT THE BUSINESS DESK.

WAUKESHA YMCA | 320 E Broadway, Waukesha, WI 53186 | 262-542-2557 | GWCYMCA.ORG